

- Productivity, Self- & Team- Leadership
- Essential Skills for Managers
- Interactive, practical & engaging
- Straight talk
- A sprinkle of humour and lots of fun



+61 7 3289 1409  
 +61 402 442 464  
 sally@sallyfoleylewis.com  
 www.sallyfoleylewis.com

“Most people want to do well, to be productive: it’s my job to show them how.”

When you need a practical and interactive session that engages, builds skill and leaves your team or audience ready to take action and wanting more, get in touch with Sally.

Productivity and leadership programs and presentations that truly reach the hearts and minds of your people; and most importantly drive their performance. Most people want to do well, it’s Sally’s job, and her obsession, to show them how: to help them be more confident, skilled and productive.

If you need a short keynote, conference breakout session or a full-/multi- day skills development program, Sally will help you create the best event, achieve the results you want, and leave your audience raving and your team immediately taking action.



## About Sally

Obsessed with productivity and leadership: Sally helps people get on with their work and get on with their peers, teams and senior leaders. She shows you the way to be more productive, to engage more, reduce stress and take back two hours per day! To simply have more productive leaders and teams! She’s helped thousands boost their productivity and leadership skills internationally and across Australia.

Sally has been a manager, she was a CEO, so she understands first hand the pressure of balancing your own workload, leading the team, and delivering the required outcomes.

She is an accomplished Speaker, Author and Executive Coach and a much sought after event MC.

*"Sally is an exceptional trainer who has developed and delivered a broad range of management programs. She is able to keep participants engaged and to build rapport and trust with a group of vastly different delegates. Sally has a high level of attention to detail and always gives 110% to her job. It was a pleasure to work with her."*  
**Sally Douglas, Senior Management Associate**

### **P.U.M.P.™ - Pump Up Your Productivity ... or ... How To Be A More Productive Leader**

I will instantly show you how to boost your productivity by up to 40%! The first step to improving your productivity is identifying your current level of productivity and what's getting in your way of success. In this practical and interactive presentation, you will understand the three key areas that impact productivity and take away tips, tools and strategies to improve all three areas.

### **Self-Leadership: Unleash Your Personal Power!**

A fun and interactive presentation that helps your people to identify their blocks to success, understand healthy boundaries, rid the imposter syndrome, and build networks and confidence in order to be a more effective and productive contributor to the organisation. This is no ordinary session, super heroes will be unmasked!

### **D3: Delegation for Delight, Development and De-stress**

Delegation is one of the most easily accessible yet rarely utilised tools for on the job development. When you can clear the roadblocks that ruin any delegation attempt; when you understand the *who*, *when*, *when not to*, and *how* of delegation you'll be wondering why you weren't doing it sooner! This session will delight and de-stress!

### **Giving Feedback: The Easy EECC™ Way**

Feedback and other difficult conversations can be awkward, tense and end in disaster if not handled properly. This presentation unpacks the skills necessary for effective feedback conversations and shows you how easy feedback and difficult conversations can be when you use the Easy EECC™ formula. The secret to better conversations starts before you open your mouth, this and other secrets to better feedback are revealed in this presentation.

### **The Big 3: The Keys To Successful Management**

Boost your confidence, influence and productivity by mastering the three key skills to successful management. You will learn how to get your team to get their work done so you can stop being first in and last out, and missing your family. Find out how these three skills help you lead a high performing team.

The above topics can be delivered in a range of formats, including as keynote presentations, as well as half-, full- and multi-day workshops.

The **Management Success Program** helps middle managers become productive leaders: it's a blended program that includes workshops, online interaction and group and individual coaching. For details about this fully customised program contact Sally.



*"Sally presented a workshop for our team last week. Brilliant! If you're looking for someone to turn on some light bulbs around productivity, look Sally up!"* **Marilyn Davies - Harcourts**

*"Sally is a joy to work with. I have had the pleasure of working with Sally both as a coach and in a training capacity. As a trainer Sally is full of energy, engaging and incredibly creative. She brings the best out in people and keeps the enthusiasm in the room, even in the face of a tough audience. Her ideas for our away day were brilliant, on budget and enjoyed by everyone who participated."* **Sarah Green, Regional Marketing Manager**

*"Sally was the MC and presented at a skills forum. Sally's engagement with the participants was a delight to watch and equally to experience. The content of her session was high quality and demanded attention. Her humour and warmth made her presentation very memorable."* **Frances Cahill, Communication Specialist**

**Contact Sally:**  
+61 (0) 7 3289 1409  
+ 61 (0) 401 442 464  
[sally@sallyfoleylewis.com](mailto:sally@sallyfoleylewis.com)  
[sallyfoleylewis.com](http://sallyfoleylewis.com)